7:00 AM-8:00 AM

BUSINESS MEETING

8:00 AM-9:00 AM

BUSINESS MEETING

Southern District Committee & Task Force Chairs MeetingLegends Ballroom E, Omni

8:00 AM-9:15 AM

EDUCATION SESSIONS

| Applying Skills-Based Health Ed Strategies in the Classroom102A, Convention Center |
|--|
| • Developing Sports Programs for Children With Disabilities in Rural America 104A, Convention Center |
| How Do You Fuel Up to Play 60? |
| Planning a Successful JRFH/HFH Event is as Easy as 1-2-3!106A, Convention Center |
| Yoga: Building a Strong Future Through PE, Sports, Extended-Day School Activities, Teachers |
| Davidson A, Convention Center |
| • Coaching the Other Gender: Similarities, Differences and Strategies for Success201A, Convention Center |
| Motown Magic 2 |
| • Self-Regulation Instructional Strategies for Enhanced Motor Skill Acquisition207A, |
| Convention Center |
| • Virtual Learning: Personalize Your PE Classes for Fun With MVPA!Davidson C, Convention Center |
| Take a Stand for Health Education |
| Teaching Racket Skills in Limited SpacesBallroom C1, Convention Center |
| Training Physical Activity Leaders: A Three-Tiered Approach to Professional Development101A, Convention Center |
| Transgender Policy Analysis: What Teachers and Coaches Need to Know103C, Convention Center |
| • Rethinking Adapted Physical Education: A New Approach to Inclusion!104E, Convention Center |
| SHAPE America Scholar Lecture |
| Hantis: A New Activity to Get Students Engaged and MovingBallroom C2, Convention Center |
| Sport Science in Physical Education: STEM the Tide of Inactivity!Davidson B, Convention Center |
| Speed and Power Development to Make 50 Million Strong207C, Convention Center |



8:00 AM-9:15 AM

RESEARCH SESSIONS

- Research Oral Session: Teaching & Learning in Higher Education110A, Convention Center
- Research Oral Session: Preservice, Inservice and Students Perspectives of Adapted Physical Education
 104C, Convention Center

8:00 AM-9:15 AM

SUPPLEMENTAL MEETING OR INVITED SESSION

8:00 AM-10:00 AM

BUSINESS MEETING

8:00 AM-5:00 PM

SUPPLEMENTAL MEETING OR INVITED SESSION

- HETE Program Report Reviewer TrainingLegends Ballroom F, Omni
- PETE Program Report Reviewer TrainingLegends Ballroom G, Omni

9:00 AM-10:00 AM

BUSINESS MEETING

9:00 AM-11:00 AM

WORKSHOP

9:15 AM-10:15 AM

BUSINESS MEETING



9:30 AM-10:00 AM

EDUCATION SESSIONS

- TrueSport Champions: Teach, Learn, Play for Sport Character DevelopmentDavidson B Foyer, Convention Center

9:30 AM-10:00 AM

SUPPLEMENTAL MEETING OR INVITED SESSION

10:30 AM-12:00 PM

GENERAL SESSIONS AND FORUMS

12:30 PM-2:00 PM

SOCIAL EVENT

SHAPE America & Southern District Past Presidents LuncheonElectric Room, Omni

12:30 PM-2:30 PM

GENERAL SESSIONS AND FORUMS

Student Leadership ForumLegends Ballroom AB, Omni

1:00 PM-2:00 PM

BUSINESS MEETING

State Legislative Action Center MeetingArmstrong 2, Hilton

1:00 PM-2:30 PM

RESEARCH SESSION



1:45 PM-2:45 PM

SUPPLEMENTAL MEETING OR INVITED SESSION

1:45 PM-3:00 PM

GENERAL SESSIONS AND FORUMS

1:45 PM-3:00 PM

EDUCATION SESSIONS

| Tackling Taboo Topics in Health Education With Taste and Tact |
|--|
| What Now?: Life After My TOY Year |
| Fun Net Games, Activities, Equipment for All Grade LevelsDavidson A, Convention Center |
| • The Mentee's Role: 5 Strategies to Enhance Relationships With Mentor-Coaches201A, Convention Center |
| Two Left Feet? Learn to Dance!205A, Convention Center |
| Planning High School Lessons Using the National Standards & Outcomes209A, Convention Center |
| Engaging Play: Recess Markings That Promote Inclusive Physical ActivityDavidson C, Convention Center |
| Build Your Skills-Based Health Education Toolbox101E, Convention Center |
| Physical Educators + Classroom Teachers = Active SchoolsBallroom C1, Convention Center |
| Like a Box of Chocolates: Health Topic Short-Term Assessments101A, Convention Center |
| R.A.D.ical Self-Defense to Empower Teens — Beyond the Physical103C, Convention Center |
| Multiply Your Reach Using Cadres: A Framework for Success104C, Convention Center |
| Adapted Physical Education National Standards and Exam: 3rd Edition Updates104E, |
| Convention Center |
| Behave Yourself!202C, Convention Center |
| The Laws of Motion: Integrating STEM and Physical ActivityBallroom C2, Convention Center |
| Activity Soup: Making Fitness Fun for All |
| Teaching Multiple Skills Through Modified Volleyball Activities207C, Convention Center |



1:45 PM-3:00 PM

RESEARCH SESSION

 Research Oral Session: Physical Activity and Fitness among Indivdiuals with Disabilities110A, Convention Center

1:45 PM-3:00 PM

SUPPLEMENTAL MEETING OR INVITED SESSION

2:00 PM-3:00 PM

BUSINESS MEETING

2:00 PM-4:00 PM

SUPPLEMENTAL MEETING OR INVITED SESSION

 State School Health Leaders Forum with SHAPE America and Springboard to Active Schools213, Convention Center

2:30 PM-4:30 PM

BUSINESS MEETING

District Leadership Council MeetingLegends Ballroom C, Omni

2:45 PM-4:15 PM

RESEARCH SESSION

3:00 PM-3:30 PM

IDEA EXCHANGE

- "Urban Coaching Fellowship": Creating a Coaching Pipeline for High-Needs Schools ...Davidson B Foyer, Convention Center
- Preparing Adapted PE Professionals for Excellence: A Community Collaborative Approach Ballroom C1 Foyer, Convention Center
- Determining Health and Wellness Transformation Among StudentsBallroom A & B Foyer, Convention Center



3:15 PM-4:45 PM

RESEARCH SESSION

3:30 PM-4:30 PM

EDUCATION SESSION

Trending! Transforming Content-Based to Skills-Based Health Education!102A, Convention Center

3:00 PM-5:00 PM

BUSINESS MEETING

3:30 PM-5:00 PM

EDUCATION SESSIONS

Double Dutch and Long Ropes for PE and Beyond!209A, Convention Center

Improving School Health Education One Step at a Time101C, Convention Center

3:30 PM-5:30 PM

EDUCATION SESSIONS

• Small-Sided Games in Physical Education: Maximizing Play and MVPA!205A, Convention Center

The 4 Key Principles of a High-Quality RecessDavidson C, Convention Center

Fast Fun Fitness for the FutureBallroom C1, Convention Center

 Presenter Workshop: Tips, Strategies and Steps to Successful Professional Presentations104C, Convention Center

Accessing the Curriculum for Students With Severe Disabilities104E, Convention Center

Deeper Learning of Soccer Within Teaching Games for Understanding207C, Convention Center



3:30 PM-5:30 PM

RESEARCH SYMPOSIUM

 Descriptive Survey of Grant-Funded APE Teachers' Knowledge, Skills, and Dispositions110A, Convention Center

6:00 PM-7:15 PM

SUPPLEMENTAL MEETING OR INVITED SESSION

SHAPE America College BowlBroadway Ballroom E, Omni